



St. Paul's Scope

A Faithful and Welcoming Church

May 2026

The Hidden Power of Presence

This may sound a little "old school" - but "sloppy" doesn't help ... you or anyone else. It doesn't boost your mindset or help you learn or draw anybody into your life that will help you reach your goals. Let's talk about communication... it's more than just words!

I recently sat through an hour-and-a-half meeting where I was giving 110%, but looking out at the room, I saw a group "kicked back" as if they were lounging in their living rooms. Slumped over, eyes wandering, mildly disengaged.

Now, they might have been listening, but here's the truth: If your posture says, "I don't want to be here," that's the only message people receive.

According to Mehrabian's Rule, communication is broken down into three specific parts:

- 7% spoken words
- 38% tone of voice
- 55% non-verbal (body language)

It's not just about what others see—it's about what your brain feels.

Your Brain Follows Your Body

There is a psychological concept called Proprioceptive Feedback. When you slump over or avoid eye contact, you are literally signaling your brain that this moment is a "low priority." Your brain takes its cues from your spine!

If you want to stay sharp, you have to "gird up the loins of your mind" (1 Peter 1:13). You don't just sit up because you're interested; you sit up to tell your brain to get interested!

The Buddy Trap

We often try the "aw-shucks, I'm just your buddy" approach to make people feel comfortable. But research on the Halo Effect shows that an air of prestige—how you dress, your accolades, and your stature—actually increases how much people learn and respect the information.

Comfort is great, but it doesn't always enhance learning. There's an old piece of advice:

"Stand up to be seen, speak up to be heard, and shut up to be appreciated."

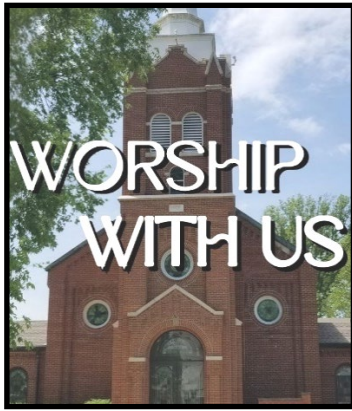
You Are the Biggest Variable

In any growth process, the teacher or counselor is only about 20% of the equation. The other 80% is you. Growth is a choice you make with your posture before you ever make it with your mind. If you show up with an attentive posture and an open heart, you aren't just sitting in a room—you're preparing for a breakthrough.

Jesus emphasized this internal preparedness when He said: "He who has ears to hear, let him hear" (Matthew 11:15).

It's a reminder that hearing isn't just a physical act—it's an active, intentional engagement of the will.

How do you show up? Are you giving your brain the signal to grow, or the signal to snooze?



Attendance for Last Month				
Date	8:00 am	10:15 am	Weekly Christian Education	Online Viewers
04/05	A 151 / C 4	A 138 / C 11	A 141 / C 45	668
04/12	A 81 / C 2	A 60 / C 9	A 69 / C 47	361
04/19	A 68 / C 0	A 76 / C 14	A 47 / C 42	462
04/26	A 78 / C 0	A 85 / C 10	A 58 / C 46	191

Sunday Volunteer Schedule					
Time	Date	Council Ushers	Greeters	Lector	Acolyte
8:00	05/03	Kathy Lickenbrock	Debbie Ross	Tami Hughes	Audrey Lawson
		Adam Tritt	Gloria Niebruegge		
	05/10	April Beisiegel	Pat Smoker	Donna Smoker	Tenley Heppermann
		Tom Heppermann	Donna Smoker		
05/17		Kim Borja	Thomas Saia	Carol Brazelton	Dahlia Payne
		Craig Brazelton	Shirley Saia		
05/24		Lisa McDonald	Stan Niemann	Craig Brazelton	Tara Beisiegel
		Kathy Lickenbrock	Cheri Emge		
	05/31	Adam Tritt	Sandy Dickens	Craig Brazelton	
		April Beisiegel	Mary Endsley		
10:15	05/03	Julie Rickert	Angela Kurburski	Teresa Huston	Tyson Kociemba
		Chad Lindauer	Mathew Kurburski		
	05/10	David Mitchell	Jim Kaiser	Julie Rickert	Logan Smith
		Lauren Borger	Brittany Kaiser		
05/17		Tom Heiken	Harry Dapron	Donna Asbridge	Alise Freebairn
		Julie Rickert	Shirley Dapron		
05/24		Chad Lindauer	Lee Hartmann	Vicki Channer	Dean Shaw
		David Mitchell	Lori Kaiser		
05/31		Lauren Borger	Betty Weber	Amy Walton	
		Tom Heiken	Mary Endsley		

If you are scheduled to serve, please remember that we are counting on you!
 If you cannot attend, switch with another volunteer and let the office know. Thank you!

Audio/Video Volunteer Schedule

Time	Date	Sound	Projection	Camera
8:00	05/03	Sandi	Sandi	Scott
	05/10	Sandi	Sandi	Scott
	05/17	Sandi	Sandi	Gregg
	05/24	Sandi	Sandi	Gregg
	05/31	Sandi	Sandi	Scott
10:15	05/03	Sandi	Sandi	Jerry
	05/10	Sandi	Elizabeth	Jim
	05/17	Sandi	Lori	Jerry
	05/24	Sandi	Sandi	Jim
	05/31	Sandi	Elizabeth	Jerry



BENEVOLENCE OFFERING

The Benevolence offerings that you mark on your envelopes each month are Second Mile offerings for special mission projects.

Our April offering for Freeburg Care Center Activities Fund was \$90.

May benevolence offerings will be for Freeburg Terrace. Thank you!

Communion Set-Up/Clean Up

Date	Set-Up	After 8:00 am	After 10:15 am
05/03	Debbie Ross	Thomas & Shirley Saia	Lauren Borger
06/07	Jim & Char Jacobs	Sandy Dickens Jeanie Stumpf	Amy Walton

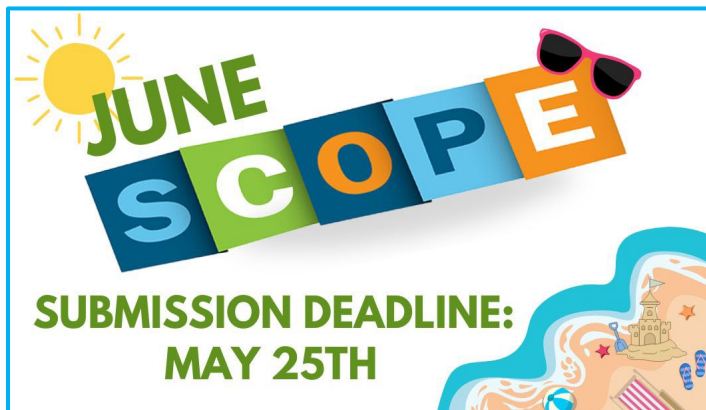


HOSPITALIZED OR NEEDING MEDICAL CARE LAST MONTH

Stan Niemann
Gail Lindauer
Jim Feurer
Baby Zahlaya

Blood Pressure Checks (Between Services in the Parlor)

05/10	Donna Asbridge
06/14	Jeanie Stumpf



Our Heartfelt Sympathy

To Adam Payne in the passing of his dad, Roger.

To Karen Gipson in the passing of her husband, Lynn.



...MINISTRIES

**MOTHER'S DAY
BREAKFAST**

MAY 10TH 9:05 AM

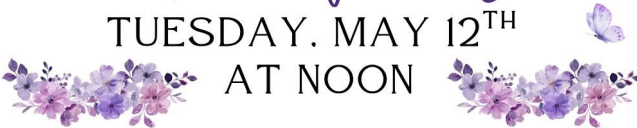
ALL LADIES ARE INVITED TO
JOIN US IN FELLOWSHIP HALL



St. Paul's Women's Guild

TUESDAY, MAY 12TH
AT NOON

LADIES ARE INVITED TO JOIN
US IN FELLOWSHIP HALL



Confirmation Sunday
May 24 10:15 am



**LAST DAY OF
SCHOOL
MAY 20TH**

Thank you

Thank you to all who donated to the Food and Clothing Bank through their offerings during the first quarter of 2026.

Your donations are greatly appreciated!

Thank you to the Sunday School classes for choosing the food box for your quarterly offering. We love providing food for the community.

The Burton/Reynolds Family



Food Pantry needs for the month of **May** are:

- Kleenex
- Toothpaste
- Toothbrushes
- Paper towels
- Toilet Paper

Food Collection Sunday is **May 10th**. The Pantry appreciates your donations and support!

**VOLUNTEER TO FEED OUR YOUTH
ON WEDNESDAYS AT 6:30PM**

WWW.MEALTRAIN.COM/YKZM4



...MINISTRIES

Building & Grounds

- Office Building, Warnecke bid for restoration. Total - \$16,791,
 - Clean - \$2,799, Caulk – \$10,442, Spot tuckpointing - \$1,200, Lift rental and material - \$2,350
 - The committee decided to proceed with this project.
- Office building roof was leaking, and a patch was applied by the B&G members.
 - CMC Rep inspected roof, felt it was in pretty good shape overall. No action needed at this time.
- Elevator – Custom Elevator replaced the cables and repaired a leak on the hydraulic cylinder, \$3,872
- NW corner of the Food and Clothing Bank roof is leaking. Repaired, replaced nails that popped up with screws, installed additional screws, and caulked.
- St. Paul's Center, the basement leaks when there is considerable rain and fixing the leaky basement walls is cost prohibitive. St. Paul's has spent a considerable amount of time and money getting the mold removed from this facility. We are accumulating a lot of material in the basement. (i.e. Cardboard boxes, carpeting, misc. supplies). Please help us keep it clean by not placing material in the basement.
- Steeple lights – The North and East lights are out, the sockets are bad, Jarvis Electric has ordered new sockets.
- Republic trash service has been contacted about placing the dumpster in the fenced area. It has been dropped off partially sticking out in the alley and along the steps to the kitchen. Republics administrator instructed the driver to place it along the fence as it has been previously.
- The stove in the kitchen was cleaned.
- Additional outlets were installing the education area of the Fellowship Hall.

Growing Together in Faithful Giving

As we reflect on the first quarter of this year, we are grateful for the many ways our church family continues to serve, worship, and support one another. Your faithfulness makes a real difference in the life of our congregation and our community.

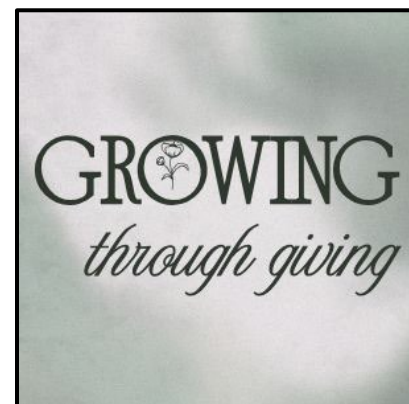
At the same time, we want to share an important update. Compared to this time last year, our giving is currently behind by about **\$12,500**. While numbers never define our faith, they do affect our ability to carry out the ministries and outreach we believe God has called us to.

Giving is more than meeting a budget—it is an act of worship and trust. It is how we participate in God's work, support those in need, and ensure that our church remains a place of hope, growth, and service.

If you've been faithfully giving, thank you. Your generosity is deeply appreciated and impactful. If you've been considering taking a next step—whether starting to give regularly or increasing your current giving—we invite you to prayerfully consider how you might participate.

Together, every gift—large or small—helps us move forward in faith and continue the work God has placed before us.

Thank you for being part of what God is doing here.





05/01	Bill Hughes	05/16	Michael Adamson
05/03	Tabitha Amann	05/17	Sean Haacke
05/06	Joe Pruett	05/17	Carol Young
05/07	Virginia Capone	05/22	Tim Pruett
05/07	Duane Forcade	05/24	Vicki Gaffney
05/07	Bennie Schafale	05/24	James Harms
05/09	Delilah Foster	05/25	Julie Rickert
05/10	Mary Wandling	05/26	Gregg Haege
05/11	Jim Kaiser	05/26	Sierra Harding
05/13	Lexi Birrittier	05/27	Kim Borja
05/13	Johanna Crecelius	05/27	Lydia Lindauer
05/13	John Whitmore	05/28	David Favre
05/14	Raegen Trentman	05/30	Dennis Mensinger



05/01	Dean & Teresa Huston
05/02	Bryan & Ruth Vogel
05/12	Jim & Jill Kettler
05/18	Al & Ann Castens
05/20	Gene & Pam Kramer
05/26	Craig & Carol Brazelton
05/27	Dustin & April Nail
05/28	Gary & Kris Mack



Normal Sunday Schedule:

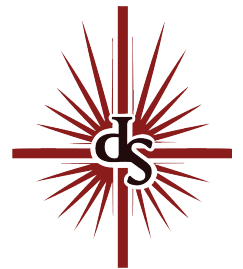
8:00 am & 10:15 am Worship 9:05 am
 Sunday School Children’s Church 10:15 am
 First Sunday of the Month – Communion Observed During Both Worship Services

MAY			MAY		
3		Communion Observed	12	Noon	Women’s Guild Luncheon
4	6:15 PM	Evangelism & Outreach Mtg	12	2:00 PM	Pantry
5	2:00 PM	Pantry	12	7:00 PM	Food & Clothing Bank Board
5	7:00 PM	Building & Grounds Mtg	19	7:00 PM	Freeburg Elementary Graduation
7	9:00 AM	Painting	19	7:00 PM	Church Council
7	1:00 PM	Service at Cedar Trails	20		Last Day of School
9		Freeburg HS Graduation	21	9:00 AM	Painting
10		Happy Mother’s Day	21	5:00 PM	Pantry
10	9:15 AM	Mother’s Day Breakfast	22	9:00 AM	Food & Clothing Bank Sale
10		Food Collection Sunday	24	10:15 AM	Confirmation Sunday (Graduation & Baptism)
			25		Office Closed – Memorial Day

Normal Weekly Schedule:

7th & 8th Grade Confirmation: Sunday at 9:15 am
C.S. Lewis Bible Study: Monday at 7:15 pm (Cedar Trails)
Bible Study: Sunday 9:05 am, Tuesday at 7:00 pm (Zoom)
Quilting: Tuesday & Thursday at 8:00 am (Ministry Building)
Boy Scouts: Tuesday at 7:00 pm (Basement)
Choir Rehearsal: Wednesday at 6:00 pm (Music Room)
The Outlet: Wednesday at 6:30 pm (Youth Room)
Faith Journey Rehearsal: Wednesday at 7:00 pm (Music Room)
Morning “Recon” Bible Study with Pastor Lovins: Thursday at 10:00 am (Baltz Parlor)
“Recon” Bible Study with Pastor Lovins: Thursday at 7:00 pm (Ministry Building)

ST. PAUL'S CHURCH
210 W. White Street
Freeburg, IL 62243



ST. PAUL'S CHURCH

Bringing Jesus' Love to All People to Make Heaven More Crowded

Church Address:

7 North Belleville Street
Freeburg, IL 62243

Mailing Address:

210 W White Street
Freeburg, IL 62243

Worship Services:

Sunday 8:00 & 10:15 AM
Sunday School 9:05 AM
Children's Church 10:15 AM

Office Phone: 618-539-3262

Church Phone: 618-539-3962

Email address: churchoffice@stpaulsfreeburg.org

Web address: www.stpaulsfreeburg.org

Rev. Andrew Lovins, Pastor

